



VOLUNTEER GUIDELINES

The North Country Trail Association provides these guidelines as framework for Trail Leaders to make smart decisions based on our collective knowledge and best practices. Participants are expected to adhere to these guidelines for the safety and health of our volunteers and Trail community. Your safety is the #1 priority.

Visit northcountrytrail.org for additional information.

MINIMIZE THE SPREAD



Stay home if you feel sick. Minimize contact with anyone outside your household.

FOCUS ON PROJECTS



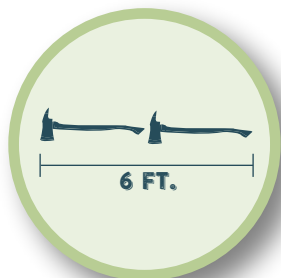
Prioritize trail projects, and do not host public hikes and events.

KEEP IT SMALL



Limit group size to < 10 and consider breaking into smaller work groups.

KEEP DISTANCE



Maintain a six-foot distance (two Pulaskis) between volunteers and trail users.

USE PPE



All volunteers must use face masks when physical distance isn't possible.

PRACTICE GOOD HYGIENE



Wash hands frequently. When soap and water is unavailable, use hand sanitizer.

CARE FOR TOOLS



Avoid sharing tools. Clean all tools before and after use, disinfect between projects.

TRAVEL SAFELY



Keep projects local, and avoid carpools and shuttles.

AVOID CONFLICT



Keep interactions positive and focused on information sharing, not enforcement.